



### Summer News

**The Westpoint Eastern region would like to take this opportunity to thank you all for working with us during another extremely busy lambing and calving season – still our favourite time of year, helping to bring new life in to the world!**

#### Chelmsford

We hope that everyone can see the light at the end of the tunnel after a very busy spring season! We have been kept on our toes, assisting in the delivery of new life; with one of the team managing to tick off a 'full house' of a calving, farrowing, unpacking, kidding and a lambing all in the space of 72 hours. We have also been delighted to see livestock starting to appear in the fields to enjoy the Spring weather.

In practice news, we are very sad to be saying goodbye to Andre, who has taken up an exciting new position at the University of Cambridge, inspiring the next generation of would-be farm vets. We wish him lots of luck and will miss him greatly.

We will, however, be welcoming some newcomers from June onwards, and are looking to expand the team to serve our client base as efficiently as possible. We also hope to welcome our new office administrator in the coming weeks, so don't be alarmed if you hear a new voice at the end of the phone!

Many of us are now looking forward to show season; we will be acting veterinary cover for the Hadleigh and Suffolk Shows, and will have a stand at Essex Young Farmers too – so please make sure you pop by for a drink and a chat. We have everything crossed for those of you who intend to show this season – please do let us know how you get on!

We are currently in the process of organising the next round of farmers meetings, and will be in touch in due course, so please look out for details of our "Lambing 2019 Debrief", where we will discuss the highs and lows of the lambing season; with opportunities for tailored advice on how to plan for next year. We are also looking to run an "Administration of Medicines" course, to help fulfil Red Tractor guidelines, advise those who are new to livestock, or simply act as a refresher for those less confident in injecting animals. If you have any feedback about meetings you would like to see us host, please do get in touch.



#### Kings Lynn and Louth

Perhaps not quite all Spring calving and lambing has ended just yet, but it certainly eased off significantly once we got to May. This season has posed the usual challenges, and a few unexpected ones including a two-headed calf as well as Vlad and Molly's night of 4 caesareans. Hopefully quite a few of you have now met Ian Roper who has discovered that Norfolk and Lincolnshire has some of the friendliest farmers in the country! There are some other new faces in the vet team too. Some of whom have been and gone but hopefully some that we might see again in future. I am very grateful to Stefano, Ben, Ginny, CC, Jess and Shaun, who have been vital for us in managing a hectic season. But I want to also say thank you to our excellent regular team for their ongoing efforts to get the job done.

The team have run a number of successful meetings, including the Pruex presentation, BVD – "Stamp It Out" meetings, and a number of run throughs of "Safe Use of Medicines". There will be more to come. We are also looking forward to both the Lincolnshire and Norfolk Shows, and would be delighted to see you all on our stands then. Fingers crossed for some favourable weather. Dan tells me it usually alternates good weather one year, and bad the next – so he's not too optimistic! But don't worry, there will be either tea or Pimms anyway.

We will miss Zoe in the office for a few months after June, as her family expands again. So huge congratulations to her, Martin and the family. We wish them all the best for the little one. The pool on guessing the baby's name is up to about £50 if anyone wants in! "Archie" might be a popular guess now.

Please do make the office line (01485 609031) your first port of call for ordering medicines, booking visits and urgent veterinary assistance – it is also the number to call for emergencies out of hours. The office will be able to get a vet to speak with you if its advice you need. We'd also ask that for any medicine orders which are to be collected from Louth Market, these should be placed with the office before 5pm on a Tuesday. We wish you all a trouble free and prosperous summer!

#### Summer Shows

Hadleigh Show - Saturday 18th May  
Essex Young Farmers - Sunday 19th May  
Suffolk Show - Weds 29th - Thurs 30th May  
Lincolnshire Show - Weds 19th & Thurs 20th June  
Royal Norfolk Show - Weds 26th & Thurs 27th June

Hopefully we will see you at one of the summer shows, but if not, we are always on the end of the phone for advice, queries, or to take any feedback that you may have for us.

***Have a great summer!***

# 5 Steps to a Successful Unpacking Season

by Ami Sawran BVSc MRCVS

Unpacking, though exciting, can be a little tiring, and seems to come around quickly each year, so in this article, I hope to relay some gentle reminders and helpful tips to ensure that things run as smoothly as possible for all alpaca and llama owners gearing up for the season.

## 1. Getting Kitted Out

Something that can be genuinely life-saving is having a birthing kit prepared, to be grabbed at a moment's notice. In that kit, you may have medicines ranging from vitamins, to pain relief/anti-inflammatory, to antibiotic. Your vet may not be able to dispense these medications 'as and when' without a visit (as they must certify your animals 'under their care'), so it pays to ensure you have had a consultation with your vet, so you may keep medicines on the premises for when you need them most.

As for what else should feature in the kit, consider small lambing ropes, a lambing snare (protected wire to help safely align the head), disinfectant, clean water, scissors, towels, a clamp for a bleeding umbilicus, an oesophageal feeding tube (such as for lambs), long-armed gloves, iodine for naval dipping, lots of lubricant (lube bottles with a long spout are most useful), a headtorch, your vet's telephone number and some plastic sheeting (in case of a uterine prolapse, you can keep it clean on the sheet until a vet arrives). If you are unsure how to safely use ropes and a snare, ask for a demonstration from you vet beforehand.



## 2. Consider Plasma Banking

Though we hope that all cria will be born fighting fit, and that the hembra will have enough good quality colostrum for them, it sometimes transpires that the cria does not get enough colostrum, or the colostrum is not of sufficient quality to convey vital antibodies to diseases. In this case, a cria may have failure of passive transfer (FPT) of immunity. FPT cria are best treated with an intravenous infusion of plasma that has been spun down from the blood of vaccinated, healthy, usually male alpacas on your farm. Plasma is also indicated for premature cria after a difficult birth, for those with congenital defects such as cleft palate, and in cases of mismothering. Ask your vet if they can provide this service prior to unpacking, to allow you to stockpile an adequate supply of frozen plasma, which can be stored for up to 2 years.

## 3. The Back-up Plan

If plasma banking is not available to you, there are still ways you can supplement cria if they are not feeding appropriately. Cria must consume 10-20% of their bodyweight in the first 24 hours of life (over two hourly feeds), with a golden window for absorption of vital antibodies in the first 8 hours. Keep track of the cria's weight from the day of birth onwards. If it appears the cria is not getting this from the hembra (sometimes indicated by vocalising, increased attempts to feed, or not swallowing during nursing), then you may need to bottle, or even tube feed an alternative. Goats colostrum and milk is the most common alternative, though if you are sourcing this from a farm, please ensure that it is from a Johne's disease free

source. Again, if you are unsure how to safely tube feed, as for a demonstration ahead of time.

## 4. When To Call A Vet

Though many camelid owners are very experienced with unpacking, it's worth knowing when veterinary intervention is required. As we expect most unpacking to occur between 10am and 2pm, anything outside that time is worth investigating. Keep in mind once the hembra is actively labouring, some progress should be made every 15 minutes; and cria should be delivered within 45 minutes. If, for example, only one leg is visible for more than 15 minutes, this warrants gentle investigation with a well-lubricated, gloved hand. Check whether the other leg is simply tucked up against the pelvis and holding up the process – can this be carefully brought round, guarding the delicate walls of the uterus from the foot? Is the head within reach? Labour cannot progress without the head being in position; upright and between the feet. Shoulder lock is the most common cause of cria becoming stuck, which can require gentle rotation of the cria. If you do not feel able to correct the cria's position, this may need to be done under epidural by your vet. If you are unsure of whether you have a back or front foot, remember that the first two joints of the foot bend the same way on the forelimbs (making a 'U' shape), and opposite ways on hindlimbs (making a 'Z' shape). If you have a cria coming backwards (back legs, or rump first), it may be sensible to speak with your vet, as backwards delivery is more difficult and can compromise the cria's breathing. If you are sure that labour is occurring but the hembra isn't open normally, she may have a uterine torsion, which requires veterinary intervention. If you feel that everything is now in the correct position, back away and allow the hembra to progress naturally – pulling on a cria can cause damage to the uterus and vaginal tissues, or bring about a prolapse. If ever in doubt, speak with your vet, who will be able to guide you – the camelid reproductive tract is fragile, so it is better to err on the side of caution always.

## 5. The Aftermath

After the cria is delivered, check membranes and mucus are cleared from the nose. Do not be tempted to 'swing' the cria or hang it over a gate – this compresses the lungs. Place the cria so it is lying on its sternum (breast bone) and rub the sides of the chest with a towel to stimulate breathing. Cleanly and carefully check for any damage (tears or bruising) to the vaginal tissue – this may require veterinary examination, or the administration of antibiotics and pain relief. If you do note damage and excess bleeding, applying pressure with clean, damp gauze can help before your vet arrives. Check also for a rare twin. Don't be tempted to pull on the placenta just yet – this should be passed in its entirety within 6 hours of birth. If this has not happened, or you have checked it and it is not entire (it is essentially a sack that envelopes the whole cria, so shouldn't have jagged pieces missing), then you may need your vet to check the hembra and potentially administer medicines to help her pass the remnants.

**Preparation, as always, is key to the smooth running of the unpacking season, but in the event that you are unsure about how to handle unpacking, from labour to lifelong care, don't hesitate to contact your veterinarian to put a bespoke birthing and health plan in place.**

**Westpoint provide a plasma generation service. If you would like to discuss this further, or find out if your location is eligible, please call your local Westpoint practice.**



# What does IBR look like on my farm?

by Tony O'Loughlin BVSc MRCVS

**Infectious Bovine Rhinotracheitis – IBR – is a herpes virus that can cause respiratory disease in cattle of all ages or reproductive disease in breeding females. It is caused by Bovine Herpes Virus 1 – BHV 1 – and has a worldwide distribution. Initially the virus was recognised as causing severe upper respiratory tract disease in cattle – classically these would have presented with a severe mucopurulent discharge from the nose and eyes – lots of thick pus! The animals had a very high temperature and they would have shown coughing, increased breathing and generally off colour and inappetent. The disease would have spread rapidly on a farm and mortality could be very high.**

Today we tend to see a more subtle disease pattern. There can be a background cough with slight nasal and ocular discharge. We then start to see the more subtle signs of an effect on production – lower milk yield and reduced fertility. These production effects can be missed and represent a “drag” on farm performance.

IBR is spread by carrier animals. Any animal that becomes infected will become a latent carrier – as humans do with the herpes simplex virus that causes cold sores. These latently infected animals have no clinical signs but can start to re-excrete at any time following a period of stress or an immune challenge. These latently infected animals are the source of infection in the herd. For an IBR free herd these animals are the greatest danger.

IBR can be controlled and avoided. The first step is to establish your IBR status with your vet – this can be done via blood samples or a bulk tank sample. We look for antibodies proving exposure to IBR virus. If antibodies are present, and there are no vaccinated animals present, then the animals have been exposed to IBR and will have latent carriers present.



## IBR Negative

If you are fortunate enough to be IBR negative, then you must take steps to protect that status – negative also means the herd is susceptible to infection. **Biosecurity is key here.** As discussed above the biggest risk to your herd is from purchasing latent carriers – unless you sample incoming animals you won't know their health status. You should do a biosecurity risk assessment with your vet as part of your herd health control. This will include assessing risks from neighbouring cattle, farm visitors etc. You may choose vaccination as one control option if your risk assessment of infection is high.

Or you can choose to buy from an IBR Accredited herd. There are CHeCS accreditation schemes for the common infectious diseases of cattle. Cattle herds can be accredited free from IBR, BVD, Leptospirosis, Johnes, Neospora and TB. The schemes for each disease run separately so you can choose what suits you.

## IBR Positive

If you are IBR positive, then your aim is to limit the effects of the infection in the herd – reduce the clinical signs – and to prevent the development of latent carriers. You can choose to sample all the individuals in the herd and to cull the positive animals. This can be expensive and may not be economically viable.

**Vaccination** will limit disease transmission between animals, helping to protect uninfected animals. It will also prevent the development of latency thus slowing spread within a herd. Carried out correctly, vaccination should also reduce the intensity and duration of clinical signs.

Using a live marker vaccine means surveillance testing can continue to be carried out after vaccination, as vaccinated animals can be distinguished apart from animals exposed to wild type IBR.

## Summary

Every cattle farm – dairy or beef – should know their IBR status as the effects of the disease can be subtle and production limiting. The principles of infectious disease control then apply...

- Know your health status for the important diseases
- Assess your biosecurity to keep disease out and to limit disease spread
- Implement prevention and/or control measures
- Work with your vet.

**Contact your local Westpoint practice for more information on IBR control and eradication in your dairy or beef herd and the benefits of developing a bespoke herd health plan.**



## Fly Control Offers

farmacy

PRODUCT	WAS	NOW
Butox Swish 12L	£360.40	<b>£355.00</b>
Crovect 2.2L	£47.10	<b>£43.00</b>
Dectospot 2.5L	£175.50	<b>£151.00</b>
Deltanil 2.5L	£163.00	<b>£155.00</b>
Ectofly 5L	£64.56	<b>£59.00</b>
Electron Fly Tags 20 Pack	£53.20	<b>£49.00</b>
Flypor 12L + Applicator	£305.29	<b>£278.00</b>
Spotinor 2.5L	£194.72	<b>£152.50</b>

now you can collect farmacy  
**REWARD POINTS**  
everytime you order!

Quote code **WNL**  
[www.farmacy.co.uk/WNL](http://www.farmacy.co.uk/WNL)

Tel: **01306 628215**

Use Medicines Responsibly ([www.noah.co.uk/responsible](http://www.noah.co.uk/responsible)) Always seek advice on the correct use of this or alternative medicines from the medicine prescriber. PLEASE NOTE: A prescription issued by a UK registered vet (MRCVS) is required before some items can be dispatched. Cannot be used in conjunction with any other offers or discounts. Offer subject to availability. Offer ends 30th June 2019.

# Tackling Lameness in Sheep with the Five-Point Plan

by Emily Francis BVM&s MRCVS BSc

Tackling lameness in sheep has become a real priority in recent times and much research has been undertaken to determine the most effective ways to control and prevent it. The Farm Animal Welfare Council have set a target to reduce the number of sheep treated, per flock per year, to 2% by 2021. There is also a huge emphasis on reducing antibiotic use on farm; and as lameness treatment is a significant contributor, farmers are being encouraged to tackle their lameness issues head on.

The five-point plan was developed by combining previous research with real on farm experience. The five points work together and have 3 ultimate goals: build resilience, establish immunity and reduce the disease challenge.

## Where to Start?

Firstly, the best way to assess whether any changes you undertake are making a difference, is to know what your starting lameness prevalence is. The number of animals treated over a particular time period is an easy one to monitor but requires strict recording of all the animals treated day to day. Secondly, it is vitally important to correctly identify the cause of the lameness on your farm, as treatment and prevention methods may vary. Footrot causes approximately 80% of lameness and is therefore the focus of the five-point plan. However, it may be that contagious ovine digital dermatitis (CODD), a combination of both footrot and CODD or other non-infectious causes may be causing the issues. Some tips on correct identification include:

- Footrot has a characteristic foul smell. Lesions start as a reddening in between the digits (scald) before an underrunning of the horn is seen. CODD does not produce this characteristic smell, and the hoof wall tends to be lost from the outer coronary band.
- Use published guides from organisations such as AHDB Beef and Lamb Better Returns to make more accurate decisions.

The points of the plan should be discussed with your vet to aid the implementation of changes that best suit your farm and type of lameness.

## Putting the Five-Point Plan Into Action

**1. Culling repeatedly affected animals** works to prevent chronically lame individuals from spreading the bacteria and acting as reservoirs of infection to other animals. Sheep that have been treated for footrot more than twice in one season should be culled before the next. However, this requires significant commitment, as she may be a particularly good breeding ewe. Some things to consider when culling:

- Culling hard in the first two years of the five-point plan should result in a lower lameness prevalence over the following years so the culling rate for lameness should decrease again with time.
- If there is no current culling policy for lame animals then using a higher cut off e.g. three treatments in a season may still help.
- This approach relies on good recording and so tagging repeat offenders and marking the leg they are lame on at each treatment should be undertaken.

**2. The quarantine of incoming animals** is particularly important, as purchased stock act as a source of many diseases including

CODD and new strains of footrot. Ideally all animals are bought in from farms with low lameness levels and quarantined for at least 4 weeks. In this time, all cases of lameness are treated and new cases monitored so that all animals are sound before mixing with the main flock. One option is to run new animals through a footbath before turning them onto your isolation pasture.



**3. Treating clinical cases early** has been shown to dramatically reduce lameness levels. This is because there is not only a greater chance of curing an animal but because it also reduces the time that lame animal acts as a reservoir of infection.

- Footrot is caused by the bacteria so antibiotics are appropriate.
- Lame animals should be treated within 3 days of identification.
- Animals with early footrot (scald) should have all four feet sprayed with oxytetracycline spray (blue) more severe cases with underrun horn should be treated with a long acting injectable oxytetracycline. Most long acting preparations only last 2-3 days and so re-treatment after the appropriate time is fundamental to successful treatment.
- Ensure animals are dosed for the correct weight.
- **Preventative and therapeutic foot trimming should not be undertaken** as it has been shown to delay recovery.
- Isolate repeat cases to prevent spread to young lambs in particular. The use of "lame pen/field" closer to the farm aids treatment and monitoring of lame sheep.

**4. Avoid the spread of infection** by thinking about when and how you handle the flock:

- Footbathing is a very useful tool in treating a scald outbreak in lambs and for disinfecting the feet of incoming animals. It does not treat footrot so all clinically lame animals should be separated and not run through the bath with the others.
- Can your handling system be moved to clean underfoot areas each time? Is it thoroughly cleaned and disinfected between uses?
- Lime can be used in holding pens or around troughs to reduce bacterial load in areas of high traffic.

**5. Vaccinating** animals not only raises an individual's immunity to footrot but results in a whole flock immunity due to the dramatic decrease in the number of animals spreading infection. The commercially available vaccine (Footvax: MSD Animal Health) is a subcutaneous injection, given as a two-dose primary course and then boosted before perceived risk periods occur. Its use should be discussed with your vet to determine the best vaccination programme for your farm and optimum results from the vaccine are seen when other points in the plan are used in conjunction.

**The flexibility of this plan means that not all of the points need to be worked on at once, but used to identify those that are easier short-term goals or that need immediate attention. Commitment is needed to reduce lameness using the five-point plan however, with persistence, this approach can result in significant improvements in your flock.**

## Westpoint Farm Vets

**Chelmsford** Unit 8 Whitbreads Business Centre, Whitbreads Farm Road, Chelmsford, Essex, CM3 3FE | 01306 628489

**King's Lynn** 30 Gayton Road, Grimston, Norfolk, PE32 1BG | 01485 609031

**Louth** 2 Furze Hill Cottages, Bilsby, Alford, Lincolnshire, LN13 9QS | 01485 609031

westpointfarmvets.co.uk | Follow us  